

A man in a light-colored suit stands on a stage, seen from behind, pointing his right hand towards a large, diverse audience seated in a multi-tiered theater. The theater is filled with people, and the stage is lit with spotlights. The text "REACHING THE HEAD, HEART & FUNNYBONE" is overlaid in white, serif font across the lower portion of the image.

REACHING THE HEAD,  
HEART & FUNNYBONE



Don't let the name fool you  
This is the best banana  
Don't let the name fool you  
This is the best banana  
Don't let the name fool you  
This is the best banana  
Don't let the name fool you  
This is the best banana







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DON'T SWEAT THE PETTY OR PET THE SWEATY!



Joel





A close-up shot of a person's hands holding a small, rectangular piece of white paper with torn edges. The paper has the words "Be Grateful" written in a cursive, green ink. The background is a soft-focus sunset or sunrise scene with a bright sun low on the horizon, creating a warm, golden glow. The person's hands are visible on the left and right sides of the paper.

Be Grateful

PASSION STARTS WITH  
APPRECIATION



# Impassioned in Your Profession:

- 1) Have an attitude of Gratitude.....**
- 2) Value Development**

**Invest in Your-SELF and the Return into  
OTHERS!**

# Impassioned in Your Profession:

- 1) Have an attitude of Gratitude.....**
- 2) Value Development**
- 3) ZAP STRESS before it strikes!**
  - \* LEARN TO LET LOOSE**
  - \* take time to breathe**
  - \* Healthy Outlets**
  - \* laughter is the best medicine**

**D – Diligence**

**O – Organization**

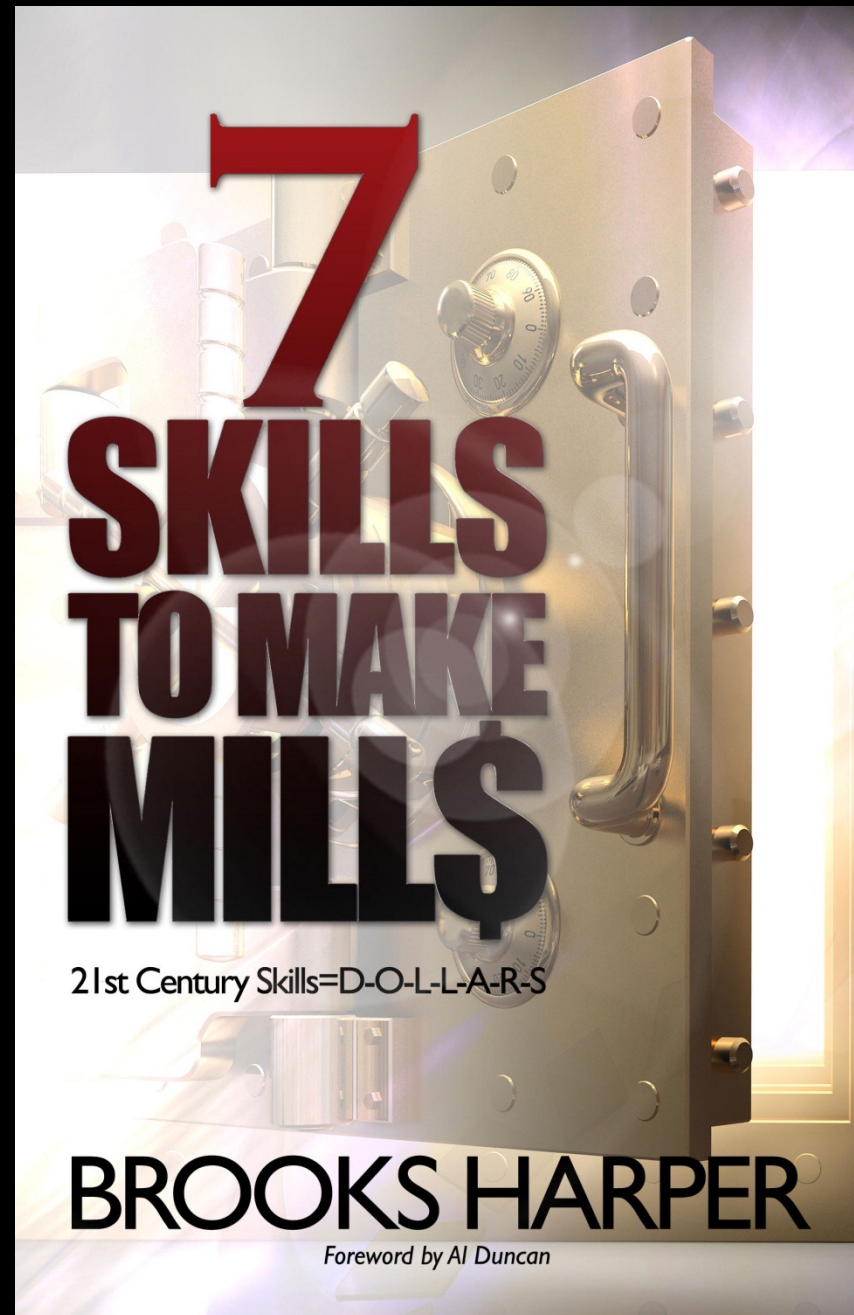
**L – Leadership**

**L – Learning**

**A – Accountability**

**R – Relationships**

**\$ - Speaking**



TO: MY LOVING WIFE  
SUBJECT: I'VE ARRIVED  
DATE: DECEMBER 16, 2005

I KNOW YOU'RE SURPRISED TO HEAR FROM ME. THEY HAVE COMPUTERS HERE NOW AND YOU ARE ALLOWED TO SEND EMAILS TO YOUR LOVED ONES. I'VE JUST ARRIVED AND HAVE BEEN CHECKED IN. I SEE THAT EVERYTHING HAS BEEN PREPARED FOR YOUR ARRIVAL TOMORROW. LOOKING FORWARD TO SEEING YOU THEN. HOPE YOUR JOURNEY IS AS UNEVENTFUL AS MINE WAS.

PS ! SURE IS HOT DOWN HERE!!!!

**C – Count Your Assets**  
**H – Have Healthy Outlets**  
**I – Invest in Yourself & Others**  
**L – Lean on Others**  
**L – Let Loose**  
**L - Laugh**

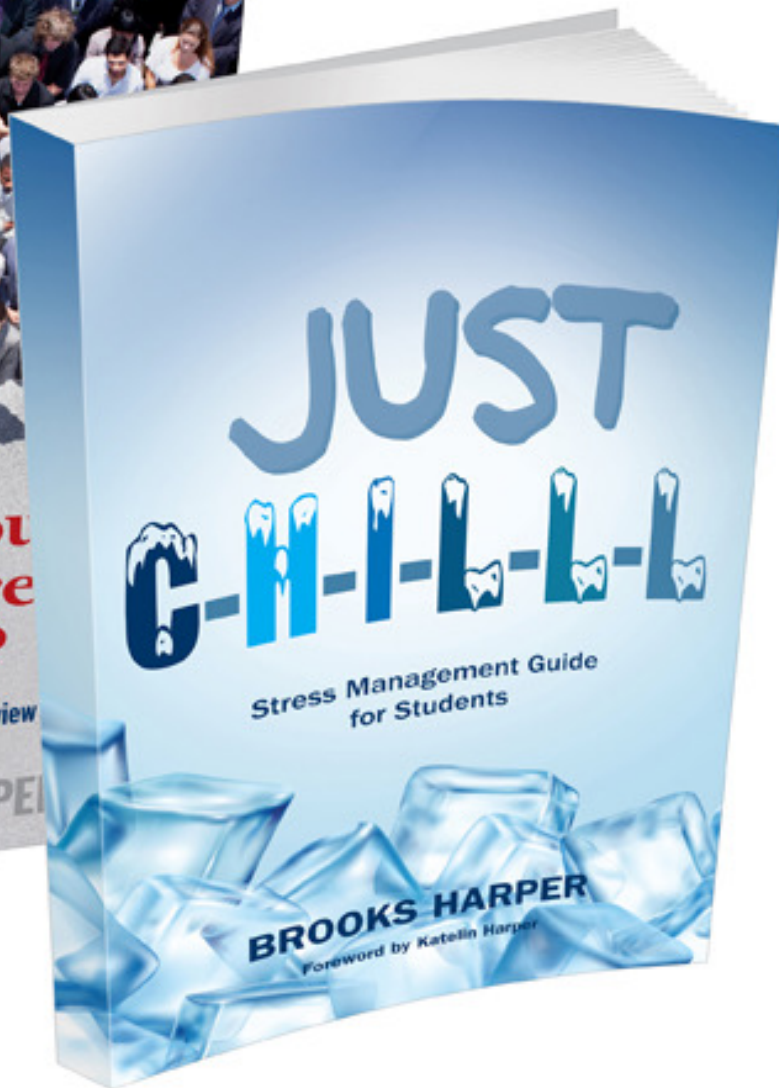
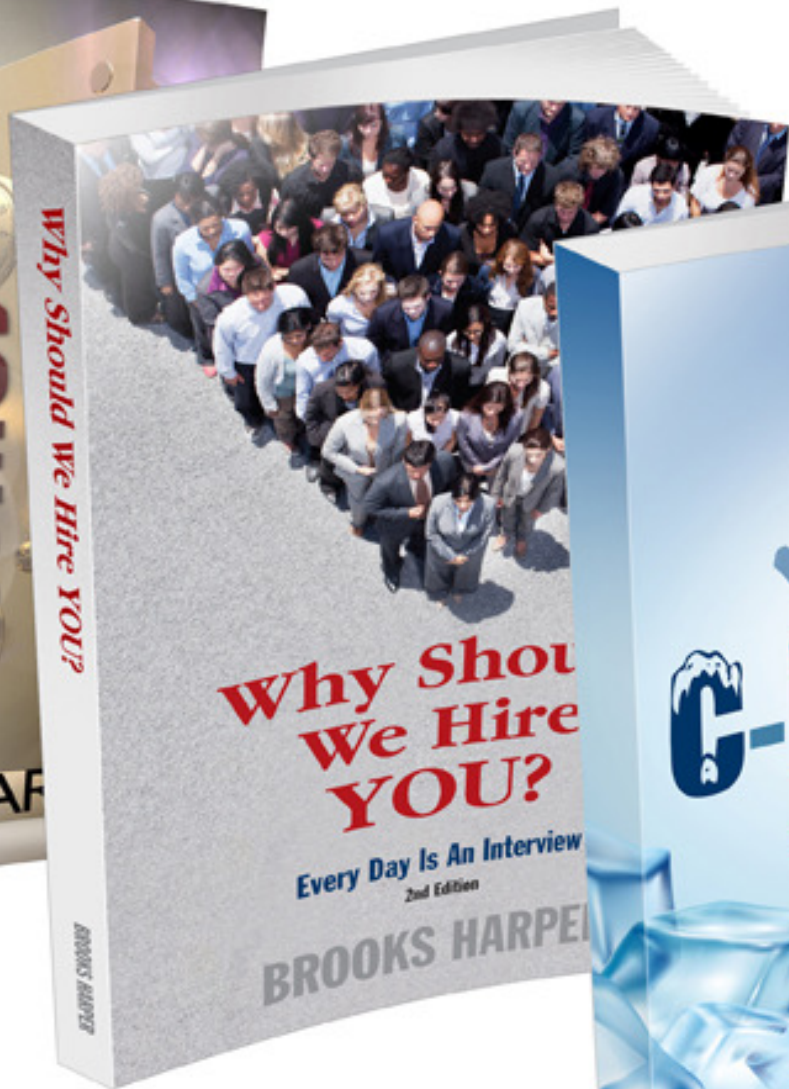
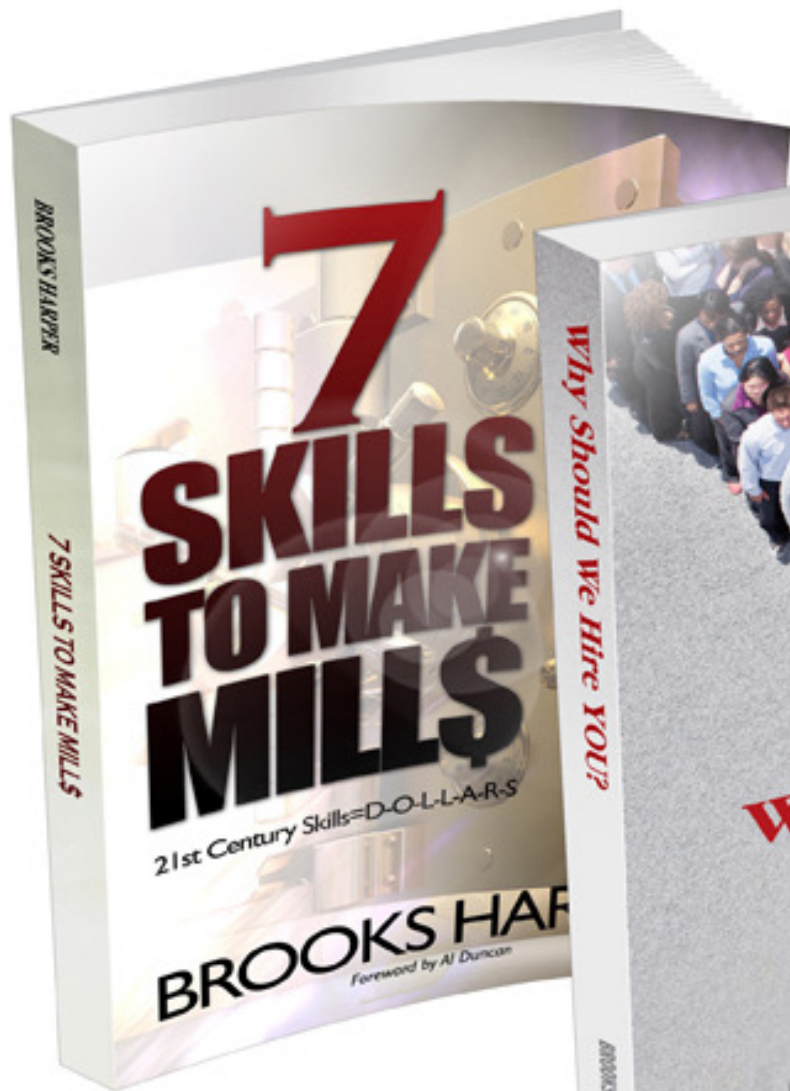
**JUST**



**Stress Management Guide  
for Students**

**BROOKS HARPER**

Foreword by Katelin Harper





Author

Speaker

Career Expert

**BROOKS  
HARPER**  
ENTERPRISES

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# SNAP THE QR CODE

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## FREE RESOURCE!

